"●"表示適用本健檢項目，惟最終仍依各健檢中心實際提供為準。

序號	方案		台北							桃園			新竹			台中									嘉義		台南			高雄						
	健檢中心項目	內容	台北美兆診所			永越健康管理中心		富盈診所		聯新國際醫院			馬偕紀念醫院			日健健診	長春診所	中國醫藥大學附設醫院				台中美兆診所			嘉義基督教醫院		新樓醫院			高雄美兆診所			高雄市立聯合醫院		馨蕙馨健康管理中心	
			無痛腸胃鏡方案	高階影像方案	全方位總和	心血管方案	無痛腸胃鏡方案	無痛腸胃鏡方案	心血管方案	心血管+肺部CT全方位套組	腹部CT+無痛腸胃鏡檢套組	頭部MR+過敏原全方位套組	內視鏡方案	超音波方案	心血管方案	頂級健檢	全身型方案	內視鏡方案	腦部MRI方案	腹部MRI方案	心血管方案	無痛腸胃鏡方案	高階影像方案	全方位總和	腸胃鏡方案	電腦斷層方案	高階影像方案	肺部方案	腹部MRI方案	無痛腸胃鏡方案	高階影像方案	全方位總和	高階影像方案	高階肺部影像方案	肺部保健方案	腸胃保健方案
1	一般檢查	身高、體重、血壓、脈搏、腰圍、視力、辨色力、BMI	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
2	身體組成分析	肌肉重量、皮下和內臟脂肪重量、水份重量、基礎代謝率、肥胖分析、水腫評估						●	●							●	●										●	●	●				●	●	●	●
3	體脂肪百分比	體脂肪檢查	●	●	●			●	●							●	●					●	●	●			●	●	●	●	●	●				
4	理學檢查	理學醫師檢查(Physical Examination)				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●				●	●							●	●	●	●
5	職災理學	職災理學常規項目																●	●	●	●															
6	胸肺部檢查	胸部X光-正面	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●
7		胸部X光-側面			●												●							●								●				
		肺換氣機能篩檢															●																			
8		肺功能-流速與體積檢測						●	●									●	●	●	●												●	●		
9	心血管及代謝系統	三酸甘油脂(Triglyceride)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
10		總膽固醇(Total cholesterol)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
11		高密度脂蛋白-膽固醇(HDL-C)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
12		低密度脂蛋白-膽固醇(LDL-C)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
13		總/高密度膽固醇比值(Total/HDL Ratio)	●	●	●	●	●	●	●							●	●	●	●	●	●	●	●	●			●	●	●	●	●	●	●	●	●	●
14		低/高密度膽固醇比值(LDL/HDL ratio				●	●	●	●								●	●	●	●	●												●	●		
		緻密低密度脂蛋白膽固醇(sdLDL-C)																			●															
15		空腹血糖(Fasting blood sugar)	●	●	●			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
16		糖化血色素(Hemoglobin A1c)	●	●	●			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
17		飯前胰島素(含阻抗)(AC insulin (including HOMA-IR))														●																				
18		胰島素	●	●	●																	●	●	●						●	●	●				
19		HOMA-IR指數	●	●	●																	●	●	●						●	●	●				
20		HOMA-β指數	●	●	●																	●	●	●						●	●	●				
21		同型半胱胺酸(Homocysteine)			●				●	●		●	●	●	●	●		●	●	●	●			●								●	●	●	●	
22		緻密低密度脂蛋白膽固醇sd-LDL			●																			●								●				
		原生B型利納胜肽Pro-BNP													●																					
23		脂蛋白元A1 Apo A1			●																●			●								●				
24		脂蛋白元B Apo B			●																●			●								●				
25		脂蛋白元B /脂蛋白元A1 比值 Aro B/Apo A1			●																			●								●				
26		脂蛋白元(a)Lipoprotein(a)			●																●			●								●				
		陰電性低密度脂蛋白(L5)																			●															
27		高敏感度心肌肌鈣蛋白I Hs-Tnl			●																			●								●				
28		三碘甲狀腺素(T3)							●						●		●																●			
29		甲狀腺刺激素(TSH)	●	●	●	●	●	●	●			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●
30		四碘甲狀腺素(T4)							●																								●			
31		游離甲狀腺素(Free T4)	●	●	●	●	●	●	●			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●
32		甲狀腺超音波(Thyroid ECHO)			●	●		●擇一(女/男)	●					●男		●	●2選1(1)男	●	●	●	●			●			●	●	●			●	●	●	●	
33		靜式心電圖(Resting EKG)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
34		運動心電圖(Exercise EKG)				●																														
35		頸動脈超音波(Extra-Cranial Carotid Doppler scan)			●男	●		●	●				●	●	●	●	●二擇一(2)							●男	●	●	●	●	●			●男				
36		周邊動脈硬化評估(Assessment of Atherosclerosis)						●擇一(女/男)					●		●										●	●							●	●		
37		動脈硬化檢測 Cardiovascular Screening							●							●男		●	●	●	●						●	●	●							
38		高敏感度c-反應蛋白(hs-CRP)			●			●	●				●	●	●	●	●	●	●	●	●			●								●	●	●	●	●
39		肌酸磷酸激素(CPK)						●	●							●	●	●	●	●	●						●	●	●				●	●	●	
40		乳酸脫氫酶(LDH)	●	●	●			●	●							●	●	●	●	●	●	●	●	●			●	●	●	●	●	●	●	●	●	
41		心臟超音波				●			●	●						●	●二擇一(2)				●				●	●	●	●	●							
42		頸動脈聲圖檢查(C.P.A)																							●	●										
		Spo2末梢飽和血氧濃度															●																			
		動脈阻塞性指數、(右左側) 動脈彈性指數															●																			
43		十年心血管疾病風險評估(10-year CVD Risk Score)						●	●							●	●																●	●		
44		佛朗明罕心血管風險指數Framingham Risk Prediction			●	●	●																	●								●				
45	消化系統	麩草酸轉胺酶(GOT, AST	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
46		麩丙酮酸轉胺酶(GPT, ALT)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
47		總蛋白(Total protein)	●	●	●	●	●	●	●	●	●	●				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
48		白蛋白(Albumin)	●	●	●	●	●	●	●	●	●	●				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
49		球蛋白(Globulin)	●	●	●	●	●	●	●	●	●	●				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
50		白蛋白及球蛋白比值(A/G)				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●						●	●	●				●	●	●	●
51		麩胺酸轉肽酶(γ-GT)	●	●	●			●	●													●	●	●						●	●	●				
52		鹼性磷酸酶(Alkaline phosphatase)	●	●	●	●	●	●	●				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
53		總膽紅素(Total bilirubin)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
54		直接膽紅素(Direct bilirubin)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
55		胰澱粉酶(Amylase)						●	●				●	●	●	●	●																●	●	●	●
56		解脂酶 Lipase						●	●								●																●	●	●	●
57		r麩氨酸草丙酸轉氨脢r-GT				●	●			●	●	●	●	●	●	●	●	●	●	●	●				●	●	●	●	●				●	●	●	●
58		糞便免疫法潛血檢查(OB, EIA)	●	●	●	●	●	●	●					●	●	●	●	●	●	●	●	●	●	●			●	●	●	●	●	●	●	●	●	●
59		糞便顯微鏡檢查(Microscopy Exam)																																		
60		腹部超音波	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
61		下腹部超音波																																	●男	●男
62		麻醉	●				●	●					●				●2選1(2)男/女	●				●			●					●						●
63		胃鏡	●				●	●			●		●			●二擇一(2)	●二擇一(1)	●				●			●					●						●
64		大腸鏡　※瘜肉處置相關費用依各院所另計	●				●	●			●		●				●二擇一(1)	●				●			●					●						●
65		乙狀結腸鏡														●二擇一(2)																				
66		幽門桿菌檢查	●	●	●		●		●							●二擇一(2)	●	●				●	●	●						●	●	●	●	●		
		肝臟纖維掃描(FibroScan)																●	●	●	●															
67		胃蛋白酶原I	●	●	●																	●	●	●						●	●	●				
68		胃蛋白酶原II	●	●	●																	●	●	●						●	●	●				
69		胃蛋白酶原 I / II 比值	●	●	●																	●	●	●						●	●	●				
	肝炎檢測	A型肝炎病毒IgG抗體(Anti-HAV IgG)															●	●	●	●	●															
70		B型肝炎表面抗原(HBsAG)	●	●	●	●	●	●	●							●	●	●	●	●	●	●	●	●						●	●	●	●	●	●	●
71		B型肝炎表面抗體(Anti-HBs)	●	●	●	●	●	●	●							●	●	●	●	●	●	●	●	●						●	●	●	●	●	●	●
72		C型肝炎檢查(Anti-HCv)	●	●	●	●	●	●	●								●	●	●	●	●	●	●	●						●	●	●			●	●
73	組織發炎篩檢	C反應蛋白(CRP)	●	●	●																	●	●	●						●	●	●				
74		類風濕性關節炎因子(RA Factor)	●	●	●				●				●	●		●	●					●	●	●			●	●	●	●	●	●			●	●
75	腎臟泌尿系統	尿素氮(Blood urea nitrogen)				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●				●	●	●	●	●				●	●	●	●
76		尿酸(Uric acid)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
77		肌酸酐(Creatinine)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
		肌酸酐(Creatinine)-影像檢前																●	●	●	●															
78		腎絲球過濾率(eGFR)	●	●	●	●	●	●	●	●	●	●				●	●					●	●	●						●	●	●	●	●	●	●
79		電解質(Serum Electrolytes)															●								●	●							●	●		
80		尿液常規檢查(Urine routine examination)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●			●	●	●	●	●	●	●	●	●	●
81		尿沉渣分析Sediment	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●				●	●	●	●	●	●	●
82	血液系統	血球計數(Complete Blood Counts)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
83		白血球分類(Differential Counts)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
84		鐵蛋白(Ferritin)														●		●	●	●	●															
85		血紅素	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
86		血球容積比	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
87		平均紅血球容積	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
88		平均紅血球色素量	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
89		平均紅血球色素濃度	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
90		血小板計數	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
91		白蛋白/球蛋白(A/G)								●	●	●				●		●男	●男	●男	●男						●	●	●						●	●
92	腫瘤標記	甲種胎兒蛋白(Alpha-fetoprotein)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
93		癌胚胎抗原(CEA)	●	●	●	●	●	●	●	●	●	●				●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
94		CA199腫瘤標記(CA19-9)			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●			●	●	●	●	●	●			●	●	●		
95		前列腺特異抗原(PSA)			●	●	●	●	●				●	●		●	●	●	●	●	●			●	●	●	●	●	●			●	●	●	●	
96		CA125腫瘤標記(CA 125)			●	●	●	●	●				●	●		●	●	●	●	●	●			●	●	●	●	●	●			●	●	●		
97		肺癌篩檢 (NSE)														●											●	●	●							
98		腫瘤標記 CA15-3（乳腫瘤）			●								●	●		●	●	●	●	●	●			●			●	●	●			●			●	
99		腫瘤標記 Cyfra21-1（肺部腫瘤）								●						●	●										●	●	●				●	●	●	
100		腫瘤標記 CA72-4（胃部腫瘤）															●										●	●	●							
101		EB病毒抗體(E-B VCA IgA Ab)			●								●			●男								●								●	●男	●男		
102		Prostate Health Index (PHI)																●	●	●	●															
103		腫瘤標記 SCC（鱗狀細胞癌）														●																	●	●	●	
104		絨毛性腺激素(β-HCG)														●	●男																			
105	女性醫學	子宮頸抹片檢查(Pap smear)				●	●	●	●									●	●	●	●															
106		婦科超音波(Gynecological ECHO)			●	●	●	●	●					●		●	●2選1(1)女	●	●	●	●			●								●				
107		E2女性荷爾蒙																															●	●		
108		FSH女性荷爾蒙																															●	●		
		婦科會診				●	●											●	●	●	●															
109	男性醫學	睪丸素酮(Testosterone)																●	●	●	●												●	●	●	
110		攝護腺超音波				●	●	●	●							●	●2選1(1)男										●	●	●							
		泌尿科會診				●	●											●	●	●	●															
		肛門指診																●	●	●	●															
111	神經系統	HRV自律神經檢查(Heart Rate Variability)																						●								●				
112		醫學能量經絡分析						●擇一(女/男)	●擇一(女/男)								●																			
113	脊椎骨骼系統	腹部X光			●	●	●	●	●								●							●				●				●	●			
114		腰薦椎側面X光						●	●							●																	●	●		
115		頸椎X光(C-spine X-Ray)														●	●																			
116		左髖關節骨質密度檢查(Left Hip,BMD)																									●	●	●				●			
117		右髖關節骨質密度檢查																															●			
118		骨質密度攝影檢查2BDASD																							●	●										
119		雙能量全身型骨質密度分析	●	●	●												●					●	●	●						●	●	●				
120		骨質密度X光檢測										●		●		●		●	●	●	●														●	●
121	免疫系統	抗核抗體(ANA)																																	●	
122		全免疫球蛋白E定量(Total IgE)																																	●	
123	眼科檢查	眼底攝影(Fundus photography)	●	●	●	●	●															●	●	●						●	●	●				
124		眼壓檢查(intraocular pressure)						●	●	●	●	●	●	●	●	●																	●	●	●	●
125		眼底斷層掃瞄(Optical Coherence Tomography，OTC)			●											●																	●	●		
126	耳鼻喉科檢查	密閉式純音聽力檢查(Pure Tone Audiometry 500~8000Hz)	●	●	●			●	●	●	●	●				●						●	●	●						●	●	●				
127		聽力檢查(音叉)						●	●																								●	●		
128		耳、鼻、鼻咽、口咽、喉、頸				●	●		●擇一(女/男)																											
129	營養素與礦物質	維生素 D(25-OH Vitamin D,Total)							●			●	●			●											●	●	●				●	●		
130		葉酸(Folic acid)								●		●																								
131		免疫球蛋白總量+急性過敏原IGE-40項														●二擇一(1)	●																●	●		
132		特異過敏原免疫檢測〈MAST〉										●																								
133	失智風險	失智症風險基因 APOE														●二擇一(1)																				
134	女性乳房檢查	乳房超音波(Breast ECHO)			●	●	●	●擇一(女)	●擇一(女)							●	●2選1(1)女	●	●	●	●			●			●	●	●			●	●	●	●	●
135	CT電腦斷層	低劑量肺部電腦斷層(Low Dose Lung CT)		●		●				●				●									●			●		●			●			●	●	
136		冠狀動脈鈣化積分電腦斷層(Coronary Artery Calcium Scoring)		●						●					●								●				●				●					
137		腹部低輻射劑量電腦斷層									●																						●三選一			
		胸部電腦斷層(無造影劑)																●	●	●	●															
138		頭部低輻射劑量電腦斷層																																		
139	MRI磁振造影	腦部磁振造影										●							●																	
		非侵入性腦部血管流量檢測(Non-invasive Optimal Vessel Analysis)(NOVA)																	●																	
140		腹部磁振造影檢查(有造影劑)																		●									●							
141	健康管理諮詢	生活指導(Life Style Consultation)	●	●	●																	●	●	●						●	●	●				
142		營養諮詢(Nutrition Consultation)	●	●	●																	●	●	●						●	●	●				
143		運動諮詢(Exercise Consultation)	●	●	●																	●	●	●						●	●	●				
144		五切點預防醫學報告解說	●	●	●																	●	●	●						●	●	●				
145		心情指數分析量表								●	●	●																								
146		健康評估																																	●	●
147		專業醫師問診											●	●	●										●	●									●	●
148	其他	健檢服裝				●	●			●	●	●	●	●	●			●	●	●	●				●	●	●	●	●							
149		醫師總評	●	●	●	●	●	●	●	●	●	●	●	●	●							●	●	●	●	●	●	●	●	●	●	●				
150		精緻餐點	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
151		精美報告	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●